

Table of Contents

Sixth Grade

- Lesson One, *The Importance of Families*
- Lesson Two, *Puberty*
- Lesson Three, *STDs: Introduction to Sexually Transmitted Diseases*
- Lesson Four, *Wedding Customs*
- Lesson Five, *Media and Worldview*
- Lesson Six, *Pressures and Boundaries*
- Lesson Seven, *Jeopardy and the Abstinence Olympics*

Seventh Grade

- Lesson One, *Perspectives: What Does Sex Mean to You?*
- Lesson Two, *Guard Your Heart*
- Lesson Three, *Pregnancy and Fetal Development*
- Lesson Four, *STDs: Speedy and the Kiss of Death*
- Lesson Five, *Media: Who's in Control?*
- Lesson Six, *Pornography: Addictive Images*
- Lesson Seven, *The Master Thief*

Eighth Grade

- Lesson One, *Abstinence: Where Are We Now?*
- Lesson Two, *Dating: Who's Up for It?*
- Lesson Three, *STDs: What Goes On Behind Closed Doors*
- Lesson Four, *The Price Is Right*
- Lesson Five, *Media: Find Your Source*
- Lesson Six, *Taking a Stand: How to Stand Strong*

Ninth Grade/High School

- Lesson One, *Sexuality 101*
- Lesson Two, *Heart to Heart: The Sexual Progression*
- Lesson Three, *Sexually Transmitted Diseases*
- Lesson Four, *Real Love/False Love: If We Really Love Each Other*
- Lesson Five, *Pornography: The Brain Changer*
- Lesson Six, *Media and Worldview*
- Lesson Seven, *Abusive Relationships*
- Lesson Eight, *Discussion Panel: The Male/Female Perspectives*

Teacher's Key

This curriculum contains a lot of information both important and valuable for the educator—so much information that it may take a little time to process and learn it all! Our hope is that the updated information, statistical data, and resource listings will be of benefit to everyone who uses this curriculum in encouraging students to save sex for a faithful committed marriage.

It may take a little time to learn the ins and outs of each lesson, and, as an educator, to learn “where the lesson is going.” In an effort to make this curriculum more teacher-friendly, symbols have been placed throughout the lessons as an easy reference to remind the instructor of what each section is about as you teach. The symbols or markers are fairly simple and are as follows:



= Lecturing/instruction.

These portions contain important information which the instructor should use to educate the students about relationships, sexuality, diseases, statistics, and so on.



= Classroom discussion

These sections will typically contain questions which the instructor might ask of the entire class together. The questions are designed to help students begin thinking critically about their own relationships and goals, with specific outcomes.



= Small-group discussion

In these portions, instructors can divide the class into smaller groups and provide them with specific questions or activities to do together.



= Activity

This symbol is used to mark the activities in each lesson. Primarily, these activities require students to come to the front of the class and role-play or to help the instructor with an illustration. Materials required for these activities are generally listed at the beginning of each lesson.